

Weekly Message from the Principal

Happy Friday!

Although it was a short week, each day was filled with instruction and challenge for our students.

Students are continuing to learn about social skills through the Second Step Program. This month, one of our schoolwide themes is emotion management. During the Second Step lessons teachers will be prompting students to notice their own feelings by paying attention to clues in their bodies, and reminding them to use their Second Step skills to calm down:

- Stop—Use your signal
- Name your feeling
- Calm down: Breathe, count, use positive self-talk

These skills help students calm down strong emotions when faced with learning and social challenges, which helps them succeed academically and get along well with others.

Second Step lessons specifically teach about calming down strong emotions such as anger, disappointment, frustration, and anxiety.

Talk with your child about what they have learned during their social skills/Second Step sessions.

I hope you have a fantastic weekend!

Ms. Waltmon

Library News

Our spring Book Fair is right around the corner. We will need volunteers for Book Fair set up on Friday, February 2. During the week of February 5-9, we will need volunteers to help with Book Fair preview, student wish lists, cashiers, and pack up on Friday, February 9th. Thank you for supporting our library. We appreciate your help. Please watch the PTA newsletter for the volunteer sign up link.

The reading logs for two reading programs are due soon.

The Schlitterbahn Waves of Pages reading log is due on Wednesday, January 24th. The goal is 10 hours of reading.

The Six Flags Read to Succeed reading log is due on February 16th. The goal is 6 hours of reading.

Please turn in completed forms to your teacher.

Last year, we had the 2nd highest participation in the Austin area for the Schlitterbahn reading challenge. Way to go Mustang Readers!

Rouse Boys Basketball Elementary Night

The Rouse Boys Basketball Elementary Night is Friday, January 26th. The game starts at 7:00pm. Any student who wears a Rouse shirt or their elementary school shirt will get into the game for free. At halftime of the varsity game, there will be very entertaining games and prizes for your students. We hope to fill the stands with Mustangs!

Upcoming Dates for your Calendar

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| 2/5 – 2/9 | Book Fair |
| 2/6 | PTA Meeting 6:30 p.m. |
| 2/14 | Valentine's Day Classroom Parties |
| 2/16 | Picture Day |